

BEGINNERS

Players who want to build their game from scratch using modern technique will benefit from individual sessions, and those returning to Tennis after a break will enjoy group sessions such as Rusty Rackets with fellow Club members. Sessions are designed to improve tactics and key skills, with players encouraged to join Clubnight and support Club based activities.

IMPROVERS

More experienced and learning new skills, technique and tactics. Team practice sessions are a must and every chance to practice with fellow Club members, and with individual coaching sessions to improve technique and tactical awareness and your team performance.

Individual and small group sessions can be arranged by calling any of our coaches to discuss the best approach to building your game.

TIGER COACHING CONTACTS

GARETH JONES

01295 811886

07817 433784

E-mail: gareth@tarverslock.co.uk

JENNY EDWARDS

01295 720877

07769 782463

E-mail:

jenny@edwards6975.freeserve.co.uk

COREY BUTLER

07793 089321

Coreywbutler@yahoo.co.uk

JOHN BRODLEY

07771 766390

E-mail: j.brodley@btopenworld.com

ADULT TENNIS COACHING 2012

BEGINNERS IMPROVERS and ADVANCED

**Banbury West End
Tennis and Squash Club
Chapel Lane, Adderbury
OX17 3LZ**

www.banburywestend-tennis-squash.co.uk

ADULT BOOKING FORM 2012

ADVANCED

Players will have matchplay experience and are committed to achieving new levels of performance

Advanced players have clear goals - and should aim for individual coaching sessions .

Defined as players who have essential attributes/skills to progress, have matchplay experience and are involved in competitive play, show good commitment to achieving high standards of performance as individuals or as part of a Club Team.

These criteria can be applied to adult and teenage Junior players.

The aim for advanced players should be to compete at their appropriate level during 2012, as individuals or in a Club Team.

All advanced players should be registered with British Tennis

www.lta.org.uk

PLAYER

DEVELOPMENT

PROGRAMME

Coaching with Gareth

Beginner/Improver

Cheques payable to TLC Tennis

Coaching with Corey

Advanced

Sessions by arrangement

Cheques payable to Corey Butler

Coaching with Jenny

Ladies Group

Please call Jenny to join the group

Cheques payable to Jenny Edwards

Coaching with John

Please call John to book Individual

Coaching sessions at Weekends

Cheques payable to John Brodley

Players -

Name.....

Yr of Birth ____ M/F

Name.....

Yr of Birth ____ M/F

Address: _____

_____ Postcode _____

Telephone: Home _____

Contact / Mobile _____

E-mail address _____

Please advise any medical conditions

Coaching fee enclosed

£.....

Please complete and bring this form with you to your first session.

Banbury West End LT & SC

Chapel Lane, Adderbury,

Banbury OX17 3LZ